# **REGISTER NOW!**

Register via PHONE or FAX – see details inside OR MAIL to Blackmores Professional, 20 Jubilee Avenue, Warriewood NSW 2102.

#### Practitioners: \$49.95 (incl. GST) Students: \$39.95 (incl. GST)

Please ensure you **RSVP** to avoid disappointment. Cancellations must be received 7 days prior to the event to have your payment fully refunded.



### **REGISTRATION DETAILS:** PLEASE USE CAPITAL LETTERS

### **PAYMENT OPTIONS**

Expiry Date:					
Please find enclosed cheque/money order for \$					

(please make payable to Blackmores Ltd)

Please charge \$..... to my Blackmores Account No.:

#### What is Blackmores Mineral Therapy?

Naturopath Maurice Blackmore pioneered Mineral Therapy in Australia in the 1930s. The therapy is based on the application of eleven minerals, supplied in physiologically active doses. Mineral Therapy adheres to naturopathic principles in treating the individual, not just the symptoms, and offers a simple and effective therapy supporting clinical outcomes. Mineral Therapy treatment solutions are often used by practitioners who see fragile patients, pregnant women, children, babies, elderly and patients who are chronically ill, fatigued and immunocompromised.

## Australian Mineral Therapy when prescribed by a healthcare practitioner:

- complements other modalities
- over 80 years of empirical research and traditional naturopathic use
- is suitable for the elderly, babies, children, pregnant and lactating women
- addresses the cause, not just the symptoms
- is economical encourages patient compliance
- is useful for both acute and chronic conditions

## Testimonials

from previous Blackmores workshops:

"I'm excited about using these in clinic" Nutritionist

"Excellent. Best couple of hours lecture I've experienced for a while. Thank you." *Naturopath, SA* 

"Thank you for an excellent seminar – I have learnt a lot" Pharmacist



### AUG-OCT 2016 FOR HEALTHCARE PROFESSIONA

# 6

# Setting up for life – The magnificence of the infant gut microbiota

An exploration of the influences on the complex and fascinating microbial composition of the infant gastrointestinal tract and the implications for future health

With Elizabeth d'Avigdor Dip. Nut., DMH, M.Cl.Sc.(Comp.Med)



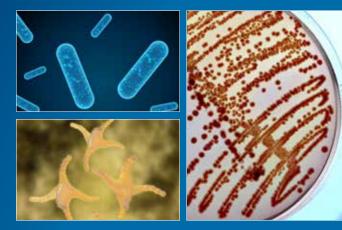


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### FOR HEALTHCARE PROFESSIONALS

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# Setting up for life – The magnificence of the infant gut microbiota



### "A microbiome is defined as the totality of microbes, their DNA, and their unique interactions in a defined environment"\*

The human microbiome is a dynamic, symbiotic ecosystem that influences human health throughout the life cycle.

This fascinating workshop explores the establishment of the gut microbiota in pregnancy, through birth and beyond.

\*Gregory, KE. Microbiome aspects of perinatal and neonatal health. Perinat Neonatal Nurs 2011; 25(2): 158-164 Join Naturopath Lizzie d'Avigdor and hear the latest research on the importance of a healthy early microbiome, together with a panel of healthcare practitioners and industry experts for a lively discussion on Mineral Therapy clinical pearls for infant health.

With a focus on the gut microbiota during infancy and the potential impact on infant growth and future health, this workshop and panel discussion will include discussion of:

- how the microbiome influences human health and development
- the critical window of plasticity for epigenetic modification of physiological processes, via the microbiome
- how to positively support the healthy colonisation of the gastrointestinal tract with Mineral Therapy
- the symbiotic relationships within the microbial world
- how certain exposures including environmental contaminants, medications, maternal stress, delivery mode, breastfeeding and diet may profoundly affect the developing microbiome
- The application of Mineral Therapy for baby and infant gut health

Our panel of experts will present case histories, providing an interactive forum to illustrate the application of Mineral Therapy in pregnancy, lactation and early childhood.

#### Workshop attendees receive over \$100 value:

- Referenced course workbook with comprehensive resource list
- Product
- New Body Signs Chart
- New Mineral Therapy Quick Reference wall chart
- New Mineral Therapy Quick Reference chart
- New Herb and Mineral Companion chart
- New patient flyers
- A delicious and healthy dinner with vegetarian, gluten and dairy-free options
- Certificate of attendance and CPE points from ATMS and NHAA\*
- PLUS FREE access to the on-line webcast

\* Please confirm with your professional association

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#### Elizabeth d'Avigdor Dip. Nut., DMH, M.CI.Sc. (Comp.Med)



Naturopath Elizabeth d'Avigdor has over 23 years in clinical practice with Mineral Therapy and is an experienced researcher and educator with a Masters of Clinical Science (Comp. Med) and a busy clinic on the Sydney's Northern Beaches.

### For details of the panel of speakers in each State please visit professional.blackmores.com.au

DATE	VENUE	STATE	TIME Dinner Included	REGISTER NOW
Tuesday 23rd Aug	Pagoda Resort and Spa. (Previously The Esplanade River Suites) 112 Melville Parade, Como	WA	<b>6pm</b> Registration <b>6.45 - 9.15pm</b> Workshop	Ceri Hayden Ph: (08) 8162 3401 Fax: (08) 8162 3444 Email: chayden@blackmores.com.au
Tuesday 6th Sept	<b>The Amora Hotel</b> 649 Bridge Road, Richmond	VIC	<b>6pm</b> Registration <b>6.45 - 9.15pm</b> Workshop	<b>State Sales Co-ordinator</b> <b>Ph:</b> (03) 9099 2001 <b>Fax:</b> (03) 9099 2099
Wednesday 7th Sept	Sage Hotel Adelaide (Previously Grand Chifley) 208 South Terrace, Adelaide	SA	<b>6pm</b> Registration <b>6.45 - 9pm</b> Workshop	Ceri Hayden Ph: (08) 8162 3401 Fax: (08) 8162 3444 Email: chayden@blackmores.com.au
Tuesday 13th Sept	Brisbane Riverview Hotel Cnr Kingsford Smith Drive & Hunt Street Hamilton, Brisbane	QLD	<b>6pm</b> Registration <b>6.45 - 9.15pm</b> Workshop	Natasha Wilkinson Ph: (07) 3101 7901 Fax: (07) 3378 4277 Email: nwilkinson@blackmores.com.au
Tuesday 20th Sept	The Menzies Hotel 14 Carrington Street, Sydney	NSW	<b>6pm</b> Registration <b>6.45 - 9.15pm</b> Workshop	Skye Storey Ph: (02) 9910 5199 Fax: (02) 9910 5622 Email: sstorey@blackmores.com.au
Tuesday 11th Oct	<b>Salamanca Inn</b> 10 Gladstone Street, Hobart	TAS	<b>6pm</b> Registration <b>6.45 - 9.15pm</b> Workshop	<b>State Sales Co-ordinator</b> <b>Ph:</b> (03) 9099 2001 <b>Fax:</b> (03) 9099 2099